

SCRIPTURES

AFFIRMING YOUR IDENTITY IN CHRIST

not so small talk

i praise you because i am fearfully and
wonderfully made; your works are wonderful, i
know that full well.



God is within her; she will not be moved.



you are altogether beautiful, my darling; there
is no flaw in you.



but by the grace of God i am what i am, and
his grace toward me was not in vain.



even before he made the world, God loved us
and chose us in Christ to be holy and without
fault in his eyes.



she is worth far more than rubies.



fear not, for i have redeemed you; i have
called you by name, you are mine.



for we are God's masterpiece.



to me, you are very dear, and i love you. that's
why i gave up nations and people to rescue you.



she is clothed with strength and dignity.



JOURNAL EXERCISE

THERE IS ROOM FOR YOUR FULL IDENTITY

embrace all that is you

1. make a t-chart
2. title the left side "i am" and the right side "but i also"
3. rewrite each line as a complete statement and use them as affirmations.

Ex. i am strong | find strength in my weaknesses

Ex. i am whole | am being healed from past wounds

Ex. i am imperfect | bear the image of a perfect God

as you continue to evolve and expand into unfamiliar spaces, cling to God and lean into his community. whether your battle is internal or visible, know that you are not alone in this transformation process. we are evolving together.
Thank you for being a part of this community.

brittney

LET'S STAY CONNECTED

DONATE